5-HT1A Autoreceptor Levels Determine Vulnerability to Stress and Response to Antidepressants

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SUMMARY

Most depressed patients don’t respond to their first drug treatment, and the reasons for this treatment resistance remain enigmatic. Human studies implicate a polymorphism in the promoter of the serotonin-1A (5-HT1A) receptor gene in increased susceptibility to depression and decreased treatment response. Here we develop a new strategy to manipulate 5-HT1A autoreceptors in raphe nuclei without affecting 5-HT1A heteroreceptors, generating mice with higher (1A-High) or lower (1A-Low) autoreceptor levels. We show that this robustly affects raphe firing rates, but has no effect on either basal forebrain serotonin levels or conflict-anxiety measures. However, compared to 1A-Low mice, 1A-High mice show a blunted physiological response to acute stress, increased behavioral despair, and no behavioral response to antidepressant, modeling patients with the 5-HT1A risk allele. Furthermore, reducing 5-HT1A autoreceptor levels prior to antidepressant treatment is sufficient to convert nonresponders into responders. These results establish a causal relationship between 5-HT1A autoreceptor levels, resilience under stress, and response to antidepressants.

INTRODUCTION

Depression is one of the leading public health problems in the world today and antidepressants are among the most commonly prescribed medications (National Center for Health Statistics, 2007). Current evidence suggests that depressive disorders are precipitated by stressful life events, interacting with genetic and other predisposing factors (Caspi et al., 2003; Fava and Kendler, 2000; Leonardo and Hen, 2006). The response to antidepressants, like the response to external stressors, is variable, and fewer than half of depressed patients respond to their first drug treatment, leading to prolonged suffering and increased medical costs (Rush et al., 2006). Elucidating the exact nature of both the factors predisposing to depression and the mechanisms underlying treatment resistance remains an important and unmet need.

The serotonergic system modulates the acute stress response and has been implicated in both the etiology of depression and anxiety as well as the response to treatment (Holmes, 2008; Lanfumey et al., 2008). Most drugs used for treating depression increase serotonin levels, including the most commonly used drugs, the selective serotonin reuptake inhibitors (SSRIs), which are effective at treating both anxiety and depression (Schatzberg and Nemeroff, 2009). Serotonin is released from serotonergic neurons, which have cell bodies localized in the mid-brain raphe nuclei but send axonal projections throughout the brain, where released serotonin impacts a diverse group of serotonin receptors.

The serotonin-1A (5-HT1A) receptor is an inhibitory G protein-coupled receptor expressed both in serotonergic neurons (as an autoreceptor), where it controls serotonergic tone through feedback inhibition, and in target areas receiving serotonergic innervation (as a heteroreceptor) (Beck et al., 1992; Hamon et al., 1990; Riad et al., 2000). Thus, it has the dual ability to modulate both global serotonin levels and local responses to released serotonin. The role of 5-HT1A autoreceptors in controlling serotonergic tone has led to the hypothesis that these receptors delay the therapeutic action of SSRIs and other drugs that act by increasing serotonin levels (Gardier et al., 1996). Specifically, 5-HT1A autoreceptors exert negative feedback inhibition in response to increased serotonin; thus, progressive autoreceptor desensitization may be responsible for the delayed onset of action of these drugs (Blier et al., 1998).

Genetic and imaging studies in humans have suggested that differences in 5-HT1A receptor levels or regulation are also associated with depression, anxiety, and the response to antidepressants (Le François et al., 2008; Lesch and Guttkehn, 2004; Strobel et al., 2003). Most recently, an association has been reported between a C(-1019)G polymorphism in the promoter
region of the Htr1a gene and a number of mood-related variables, including depression, the response to antidepressant treatment, and amygdala reactivity (Fakra et al., 2009; Le François et al., 2008). Although initial reports suggested that this polymorphism might control autoreceptor levels without impacting heteroreceptor levels (Lemonde et al., 2003), recent imaging findings suggest that 5-HT1A auto- and heteroreceptors are both affected (Parsey et al., 2006). Thus, despite significant attention and interest regarding the role of the 5-HT1A autoreceptors in the treatment and etiology of depression, a direct test of their involvement has remained beyond the reach of available techniques.

Studies in mice have suggested that 5-HT1A receptors are generally involved in modulating both anxiety and depression-related behavior (Heisler et al., 1998; Klemenhagen et al., 2006; Parks et al., 1998; Ramboz et al., 1998), but have not usually distinguished between auto- and heteroreceptors. 5-HT1A knockout (KO) mice (lacking the receptor everywhere, throughout life) display a robust anxiety-like phenotype in conflict-anxiety paradigms, while exhibiting decreased behavioral despair in response to stress (Heisler et al., 1998; Parks et al., 1998; Ramboz et al., 1998). Because behavioral despair in response to stress is decreased by acute treatment with a number of drugs used to treat depression, this phenotype has often been referred to as "antidepressed." However, anxiety and other stress-related disorders such as depression are often co-morbid in humans (Kendler et al., 1992), making the combination of an anxious phenotype with an antidepressed phenotype in 5-HT1A KO mice difficult to interpret. Subsequently, the antidepressed phenotype of mice lacking the 5-HT1A receptor has been largely ignored.

Overall, the role of 5-HT1A auto- versus heteroreceptors in determining the response to stress, the anxiety phenotype, or the response to treatment with antidepressants has not been adequately addressed. Both pharmacological approaches and genetic animal models have been hampered by the difficulty in separating effects on autoreceptors from effects on heteroreceptors. To directly test the role of 5-HT1A autoreceptors in anxiety, depression, and the response to antidepressants, we first developed a novel system capable of suppressing expression of 5-HT1A receptors in a tissue-specific and temporally specific manner. We used this system to examine the biological consequences of altering autoreceptor levels without affecting heteroreceptor levels. Specifically, we tested the hypothesis that altering autoreceptor levels may result in differences in anxiety, stress response, depression, or response to antidepressants.

RESULTS

Conditional Suppression of the 5-HT1A Receptor

In order to generate mice in which we could conditionally suppress 5-HT1A receptors, we crossed mice containing two distinct engineered alleles. The first is a knockin of the tetracycline operator (tetO) into the promoter region of the murine Htr1a gene, to create the Htr1a<sup>tetO</sup> allele. The second is a transgene expressing the tetracycline-dependent transcriptional suppressor (tTS) under the control of the β-actin promoter (Figure 1A) (Mallo et al., 2003). Insertion of the tetO element into the endogenous Htr1a locus does not interfere with normal 5-HT1A receptor expression patterns (Audero et al., 2008). tTS suppresses endogenous expression of the 5-HT1A receptor by binding to tetO in a doxycycline-dependent manner (Figure 1A) (Mallo et al., 2003). Maintenance of mice on doxycycline prevents the tTS protein from binding the tetO sequence and results in unimpeded expression of the 5-HT1A receptor.

Since previous studies of the 5-HT1A receptor have suggested that the receptor is involved in the developmental establishment of anxiety-like behavior (Gross et al., 2002; Lo Iacono and Gross, 2008), a key goal of this system was achieving inducible suppression in adulthood, in order to distinguish between developmental and adult effects of lacking the receptor. We found that withdrawal of doxycycline allows binding of tTS to the tetO sequence and progressive suppression of 5-HT1A receptor levels. Four weeks after doxycycline removal, maximal suppression is achieved and 5-HT1A receptor levels are undetectable by <sup>125</sup>I-MPPI autoradiography, revealing a half-life of receptor disappearance of approximately 8 days (Figure S1A, available online).

Raphe-Specific Suppression of 5-HT1A Receptors

Having established the feasibility of inducible suppression of 5-HT1A receptors in the brain, we created a mouse in which we could specifically modulate 5-HT1A autoreceptor levels in serotonergic raphe neurons without affecting heteroreceptor levels. We accomplished this by generating a mouse with raphe-specific expression of tTS under the control of the previously characterized 540Z Pet-1 promoter fragment (Pet1-tTS) (Fisher et al., 2006) (Figure 1B). We crossed these Pet-tTS mice with the Htr1a<sup>*<sup>Δchen</sup>to</sup> mice described above. In the presence of doxycycline, mice homozygous for the Htr1a<sup>Δchen</sup>to</sup> allele and possessing one copy of the Pet-tTS transgene display levels of 5-HT1A autoreceptor that are indistinguishable from littersmates lacking the tTS transgene (1A-High) (Figure S1B). Removal of doxycycline at postnatal day 50 for 4 weeks creates a population of adult animals with lower expression of 5-HT1A autoreceptors (1A-Low) (Figure 1C).

Quantitative autoradiography in the raphe and selected forebrain structures (entorhinal cortex, amygdala, and ventral dentate gyrus) demonstrates that, compared to 1A-High mice, 1A-Low mice have indistinguishable levels of 5-HT1A heteroreceptor expression (Figure S1C), but display about 30% less autoreceptor expression than 1A-High mice (Figure 1D). Similar differences are seen in both the dorsal and median raphe (dorsal raphe one tailed t test, t<sub>14</sub> = 2.965, p = 0.005; median raphe one tailed t test, t<sub>14</sub> = 1.967, p = 0.041) (Figure 1E). An overall difference of 30% in autoreceptor levels is consistent with the range of receptor levels that are seen within human populations (Drevets et al., 2007).

Decreased Response to Agonist after Adult Suppression of 5-HT1A Autoreceptors

To directly confirm that the differences in 5-HT1A autoreceptor levels revealed by autoradiography had functional consequences, we performed whole cell recordings in the dorsal raphe and measured the response to the 5-HT<sub>1A</sub> agonist...
5-carboxyamidotryptamine (5-CT) (Figure 2A). After recording, we confirmed that neurons were serotonergic by filling recorded neurons with biocytin and performing immunohistochemistry for biocytin and TPH (Figure 2C). We observed a significantly higher number of biocytin-filled neurons with biocytin and performing immunohistochemistry for TPH in neurons recorded with a current <5 pA compared to those with a current >5 pA, as assessed by the Mann-Whitney test (U = 104.0; p = 0.0008) (Figure 2B). Much of this difference resulted from a significant proportion of neurons in 1A-High mice versus 1A-Low mice displaying an average current elicited by agonist challenge in the serotonergic raphe that is significantly lower than the threshold for activation (mean current in 1A-High mice = 1.9 ± 0.8 pA, median current in 1A-Low mice = 5.5 ± 0.8 pA), as assessed by the Mann-Whitney test (U = 104; p = 0.0057), with raphe neurons from 1A-Low mice more likely to fire at higher rates (5.5 ± 0.8 Hz) than the 1A-High mice (5.0 ± 0.8 Hz).

**Increased Spontaneous Activity of Serotonergic Neurons Following Adult Autoreceptor Suppression**

To independently assess the in vivo functional status of the 5-HT_{1A} autoreceptors in 1A-High and 1A-Low mice, we observed significantly different distributions of firing rates between the groups (two-tailed Mann Whitney test, U = 104; p = 0.0057), with raphe neurons from 1A-Low mice more likely to fire at higher rates (5.5 ± 0.8 Hz) than the 1A-High mice (5.0 ± 0.8 Hz).
This overall firing rate increase demonstrates higher serotonergic tone in 1A-Low mice, consistent with decreased autoinhibition.

Decreasing Autoinhibition in Adult Animals Does Not Change Baseline Anxiety Measures

Complete 5-HT1A KO mice, lacking both auto- and heteroreceptors throughout life, have consistently shown increased anxiety in conflict-based tasks (Heisler et al., 1998; Klemenhagen et al., 2006; Parks et al., 1998; Ramboz et al., 1998). To test whether specifically modulating 5-HT1A autoreceptors in adulthood impacts anxiety-like behavior, we tested our mice in two conflict-based tests: the open field paradigm and the light/dark choice test. 1A-High and 1A-Low mice displayed no difference in either total exploration (two-way repeated-measures ANOVA with time as a within-subject factor and genotype as a between-subject factor; F1,40 = 0.583; p = 0.45) or exploration in the center of the open field (two-way repeated measures ANOVA, F1,40 = 0.225; p = 0.64) (Figure 4A). Similarly, in the light/dark test, we detected no difference between the groups in total exploration (ANOVA F1,38 = 1.105; p = 0.2998) or in the amount of time spent in the light compartment (ANOVA F1,38 = 0.249; p = 0.521) (Figure 4B). These data directly demonstrate that changes in adult levels of 5-HT1A autoreceptors do not alter anxiety-like behavior, consistent with previous findings suggesting a developmental role for 5-HT1A receptors in the establishment of anxiety-related circuitry (Gross et al., 2002; Lo Iacono and Gross, 2008).

Decreased Autoinhibition in Adulthood Alters Response to Stress

Studies in humans suggest that 5-HT1A receptor levels might influence behavioral resilience to stressful situations, with high expressors being more susceptible to depression than low expressors (Anttila et al., 2007; Kraus et al., 2007; Lemonde et al., 2003; Neff et al., 2009). Moreover, 5-HT1A KO mice display increased physiological responses to acute stress (Van Bogaert et al., 2006). To assess whether altering serotonergic autoinhibition is sufficient to alter stress responsivity, we examined the response of 1A-High and 1A-Low mice in the stress-induced hyperthermia paradigm (Adriaan Bouwknecht et al., 2007). This paradigm measures one of the acute physiological responses to stress, namely that body temperature is increased as a result of autonomic system arousal. Hyperthermia in this paradigm correlates with measures of HPA axis reactivity, such as corticosterone, ACTH, and glucose plasma levels, and other measures of autonomic reactivity, such as heart rate (Groenink et al., 1994). In this test, the 1A-Low mice displayed a more robust autonomic response to an acute stressor compared to 1A-High mice (ANOVA F1,20 = 43.201, p < 0.0001) (Figure 4C).

Having observed a difference in a physiological response to acute stress, we next examined the behavioral response of these
Figure 3. Increased Spontaneous Neuronal Activity in the Dorsal Raphe of 1A-Low Mice

Histograms depicting distribution of spontaneous firing rates for individual neurons in an in vivo anesthetized preparation of 1A-High and 1A-Low animals, with averaged action potential traces inset. The distributions are significantly different (n = 20 and 21 neurons, respectively; two-tailed Mann Whitney test; p = 0.0057).

animals in two distinct stress-related paradigms: the tail suspension test and the forced swim test. In both tests, immobility is scored as a measure of behavioral despair (Lucki, 1997). No difference between groups was detected in the tail suspension test (F1,49 = 0.001, p = 0.9735) (Figure 4D). In the forced swim test, animals were exposed to the stressor twice over a 24 hr period and the last 4 min of a 6 min session was scored on each day. Unlike the tail suspension test where periods of immobility appear early and occur in brief bouts throughout the duration of the test, in the forced swim test, animals are initially fairly active with immobility generally emerging in the third minute of the test (Buccafusco, 2009; Cryan et al., 2005; Porsolt et al., 1977). 1A-High and 1A-Low mice responded indistinguishably to the initial stressor on day 1 and both groups showed the expected decrease in mobility on day 2. However, 1A-High, but not 1A-Low mice, displayed progressively less mobility or more behavioral despair, upon reexposure the second day (Figure 4E) (repeated-measures ANOVA, group by time interaction, $F_{3,43} = 4.535, p = 0.0047$), consistent with prior results demonstrating the need for repeated exposure to uncover effects of serotonergic manipulations (Ramboz et al., 1998; Wellman et al., 2007). Moreover, the mobility of the 1A-Low mice appears to be higher than 1A-High mice during the final 2 min of the test, suggesting a different adaptation to stress over time in the two groups (ANOVA, between group minutes 5–6, $F_{1,41} = 3.953, p = 0.0535$) (Figure 4E). Thus, while decreasing adult levels of 5-HT1A autoreceptors does not alter either conflict-based anxiety (Figures 4A and 4B) or the behavioral response to an acute stressor (Figures 4D and 4E), decreasing adult autoreceptor levels results in increased physiological reactivity to stress (Figure 4C) and appears to elicit a more active response to a repeated stress in a depression-related task (Figure 4E).

To further test the possibility that 1A-High and 1A-Low mice differed in their behavioral sensitivity to repeated stress, we subjected animals to a repeated daily mild stressor, oral gavage, for 4 weeks (28 days). This manipulation has been shown to increase stress-response measures in rodents, such as circulating corticosterone, body temperature, and heart rate (Dalm et al., 2008). Following 4 weeks of repeated stress, 1A-High and 1A-Low mice remained indistinguishable in their total exploration in the open field (two-way repeated measures ANOVA, $F_{1,25} = 0.003, p = 0.9586$) (Figure 5A) and in time spent in the center of the open field ($F_{1,25} = 1.587, p = 0.2195$) (data not shown) and retained their distinct physiological reactivity to stress as assessed by the SIH test (one tailed t test, $t_{10} = 2.057, p = 0.0334$) (Figure 5B). However, following repeated mild stress, 1A-High, but not 1A-Low mice, displayed decreased mobility over time on the first day (day 1) of the forced swim test (paired t test for 1A-High group over time $t_{13} = 3.482, p = 0.004$) (Figure 5D), a result that had only been observed after repeated (two-day) swim stress previously (Figure 4C). Moreover, following 4 weeks of repeated stress, 1A-High mice displayed significantly less mobility in the tail-suspension test, compared to 1A-Low mice across a 2 day forced swim test (E). Values are mean ± SEM (repeated-measures ANOVA across all time points, group by time interaction, $F_{3,43} = 4.535, p = 0.0047$). Only 1A-High mice displayed decreased mobility over time on the second day of testing, and 1A-Low mice were more mobile in the final testing block. Values are mean ± SEM (n = 21, 22/group; ANOVA, between group minutes 5–6, $F_{1,41} = 3.953, p = 0.0535$; *p < 0.05). See also Figure S2.
difference emerged only after a repeated mild stressor (Fig- ment is affected by autoreceptor levels, we chose the novelty impact responsiveness to antidepressant drugs. To directly we asked whether such a change might also be sufficient to tion yielded a consistent difference in responsiveness to stress, Having demonstrated that decreased serotonergic autoinhibi- tion is a useful measure to model the variable human features that make it useful to model the variable human response to fluoxetine in this paradigm we can model both response, we also examined the response of both 1A-High and 1A-Low mice to subchronic (8 day) treatment with fluoxetine. Under these conditions, 1A-Low mice show a robust response to novel cage stress (B) (n = 6/group; *p < 0.05), similar to naive mice. However, after repeated stress, 1A-High mice displayed less mobility than 1A-Low mice in the tail suspension test (C) (n = 13–14 mice/group; *p = 0.0445) and less mobility over time in a single exposure to the forced swim test (D) (n = 13–14 mice/group; **p = 0.004). Values are mean ± SEM.

Figure 5. 1A-High Mice Display a Less Active Behavioral Response in Stressful Paradigms Following a Repeated Mild Stressor
Following 4 weeks of a daily mild stressor, 1A-High and 1A-Low mice displayed indistinguishable behavior in the open field paradigm (A) (n = 13–14 mice/group). 1A-Low mice retained a more robust temperature increase in response to novel cage stress (B) (n = 6/group; *p < 0.05), similar to naive mice. However, after repeated stress, 1A-High mice displayed less mobility than 1A-Low mice in the tail suspension test (C) (n = 13–14 mice/group; *p = 0.0445) and less mobility over time in a single exposure to the forced swim test (D) (n = 13–14 mice/group; **p = 0.004). Values are mean ± SEM.

Decreased Autoinhibition Alters Behavioral Response to Fluoxetine
Having demonstrated that decreased serotonergic autoinhibition yielded a consistent difference in responsiveness to stress, we asked whether such a change might also be sufficient to impact responsiveness to antidepressant drugs. To directly test whether the behavioral response to antidepressant treatment is affected by autoreceptor levels, we chose a novelty suppressed feeding (NSF) paradigm (Costa et al., 1996; Gross et al., 2000; Santarelli et al., 2003). This paradigm has two features that make it useful to model the variable human response to antidepressants: (1) like many behavioral tests, the response is affected by the genetic background of the mouse (Lucki et al., 2001), with some strains not responding to SSRIs in this paradigm (Ibarguen-Vargas et al., 2008); and (2) unlike other commonly used tests of antidepressant response, such as the tail suspension test or the forced swim test, the NSF is sensitive to chronic (>3 weeks) but not acute or subchronic (<10 days) treatment with antidepressant drugs (Dulawa and Hen, 2005; Lira et al., 2003; Wang et al., 2008). Thus, by testing the response to fluoxetine in this paradigm we can model both the time frame required for response to treatment and the factors that mediate treatment response.

We administered fluoxetine or vehicle to 1A-High and 1A-Low mice and tested them in the NSF paradigm, a test of hyponeophagia that measures the latency of a mouse to consume food placed in the middle of a brightly lit, aversive arena (Bodnoff et al., 1988; Gross et al., 2000; Santarelli et al., 2003). Following a chronic, 26 day treatment with fluoxetine, we observed that 1A-Low mice respond robustly, as shown by their lower latency to feed relative to their vehicle-treated controls (p = 0.0031 by Mantel-Cox log rank test) (Figure 6D). However, no response to fluoxetine was observed in the 1A-High mice (p = 0.8475 by Mantel-Cox log rank test) (Figure 6C). Thus, like many mouse strains, the 1A-High mice do not respond to fluoxetine in this paradigm. Furthermore, this experiment establishes a causal relationship between 5-HT1A autoreceptor levels and response to antidepressants; namely, a decrease in 5-HT1A autoreceptor levels in adulthood, prior to antidepressant treatment, is sufficient to confer responsiveness to fluoxetine in an otherwise treatment-resistant population.

To determine whether autoreceptors might determine time to response, we also examined the response of both 1A-High and 1A-Low mice to subchronic (8 day) treatment with fluoxetine. Under these conditions, 1A-Low mice show a robust response to fluoxetine (p = 0.011 by Mantel-Cox log rank test), while no such response is seen in the 1A-High mice (p = 0.2343 by Mantel-Cox log rank test) (Figures 6A and 6B). This result suggests that decreased autoreceptor function may permit an early response to treatment, consistent with the hypothesis that feedback inhibition by 5-HT1A autoreceptors delays the onset of response by limiting the initial increase in serotonin (Artigas et al., 1996).

Serotonin Levels in 1A-High and 1A-Low Mice Are Indistinguishable at Baseline, but Differ Significantly in Response to Fluoxetine Challenge
Having observed behavioral differences between 1A-High and 1A-Low mice in response to challenge with both repeated stress and serotonin transporter blockade, we next asked how these differences were reflected at the neurochemical level. We performed in vivo microdialysis in two representative forebrain areas: the ventral hippocampus (vHPC) and the prefrontal cortex (PFC). Despite the differences in basal raphe firing, no difference was detected in serotonin levels at baseline between the groups in either the vHPC or PFC (two-way ANOVA for brain region and...
mean basal serotonin levels (fmol/20 μL dialysate) ± SEM in ventral hippocampus (HPC) and prefrontal cortex (PFC). **p < 0.01 compared to 1A-High in HPC.

Table 1. Serotonin Levels Measured by In Vivo Microdialysis in 1A-High and 1A-Low Mice Treated with Fluoxetine

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Group</th>
<th>HPC</th>
<th>PFC</th>
</tr>
</thead>
<tbody>
<tr>
<td>1A-High (8 day)</td>
<td>Naive</td>
<td>2.6 ± 0.2</td>
<td>2.2 ± 0.4</td>
</tr>
<tr>
<td></td>
<td>8 Days Fluoxetine</td>
<td>3.1 ± 0.3</td>
<td>2.4 ± 0.5</td>
</tr>
<tr>
<td></td>
<td>26 Days Fluoxetine</td>
<td>10.8 ± 1.2</td>
<td>3.2 ± 0.4</td>
</tr>
<tr>
<td>1A-Low (8 day)</td>
<td>Naive</td>
<td>2.7 ± 0.4</td>
<td>2.1 ± 0.4</td>
</tr>
<tr>
<td></td>
<td>8 Days Fluoxetine</td>
<td>6.8 ± 0.9**</td>
<td>2.5 ± 0.4</td>
</tr>
<tr>
<td></td>
<td>26 Days Fluoxetine</td>
<td>10.5 ± 0.8</td>
<td>3.3 ± 0.3</td>
</tr>
</tbody>
</table>

Mean basal serotonin levels (fmol/20 μL dialysate) ± SEM in ventral hippocampus (HPC) and prefrontal cortex (PFC). **p < 0.01 compared to 1A-High in HPC.
depression, including SSRIs (Blier et al., 1998). A similarly attenuated response to 8-OH-DPAT challenge is seen in 1A-Low mice treated chronically with both vehicle (two-way repeated-measures ANOVA, main effect of dose $F_{1,6} = 1.252, p = 0.306$; dose by time interaction $F_{1,5} = 2.831, p = 0.0328$) and fluoxetine (repeated-measures ANOVA, main effect of dose $F_{1,6} = 0.922, p = 0.374$; dose by time interaction $F_{1,5} = 3.537, p = 0.0124$) (Figure 8B), consistent with the blunted response we observed previously in these animals (Figure 2D). Therefore these results suggest that desensitization of 5-HT$_{1A}$ autoreceptors alone is not sufficient for the behavioral response to fluoxetine, but rather that 5-HT$_{1A}$-mediated serotonergic tone prior to treatment is critical for establishing treatment response.

**DISCUSSION**

tetO-Based Gene Suppression

Conditional KO and transgenic mice are powerful tools for probing the behavioral roles of genes expressed in the brain. In practice, however, most approaches have been limited by ectopic expression, lack of temporal control, or irreversibility.

These weaknesses are largely overcome in the system presented here. We use an adaptation of the tetO-inducible strategy that relies on insertion of tetO sites into the endogenous promoter of a gene of interest. In the case of the Htr1atetO/tetO mice used here, this insertion is largely silent (i.e., does not noticeably alter the pattern of 5-HT$_{1A}$ receptor expression) in the absence of tTS. We have now successfully generated silent
tetO insertions in several other genes (data not shown), suggesting that this strategy is broadly generalizable.

Expression of the 5-HT$_{1A}$ receptor in this system is tightly suppressed by a ubiquitously expressed tTS binding to tetO sequences that are knocked in to the endogenous Htr1a locus. Importantly, suppression can be achieved at any point in the life of the animal by withdrawing doxycycline. Furthermore, specificity of gene suppression is dictated by an overlap between transgenic tTS expression patterns and endogenous expression of the gene. This ensures that iTS-mediated suppression only occurs in cells that normally express the gene of interest, eliminating the possibility for ectopic gene expression. Finally, another advantage of this system is that, unlike systems that rely on genetic recombination, suppression can be reversed in the presence of doxycycline (data not shown).

**Modeling the Human Htr1a C(-1019)G Polymorphism**

Our 1A-High and 1A-Low mice provide a mechanistic model of one of the predicted consequences of the recently identified human Htr1a C(-1019)G polymorphism: namely, that it results in differential transcriptional suppression of the Htr1a gene in serotonergic neurons and creates populations of individuals with higher and lower expression of 5-HT$_{1A}$ autoreceptors. Initial in vitro characterization of expression driven off this polymorphic allele revealed preferential suppression of the C-allele by several transcription factors in a raphe-derived cell line, but not in cell lines derived from other brain areas. This suggested that C carriers might express lower levels of 5-HT$_{1A}$ autoreceptor than G-carriers (Lemonde et al., 2003). However, the only subsequent binding study to report an association between the G-allele and increased 5-HT$_{1A}$ receptor binding reported increases in both the raphe and other brain regions (Parsey et al., 2006). It remains unclear whether the human polymorphism directly affects 5-HT$_{1A}$ gene expression throughout the brain or whether the changes in forebrain levels are a secondary consequence of a primary change in autoreceptors.

**Consequences of Decreased 5-HT$_{1A}$ Autoreceptor Levels in Adulthood**

Our data from 1A-High and 1A-Low mice provides the first direct evidence for a functional model incorporating the predictions generated from both preclinical and clinical studies, including the recent human Htr1a C(-1019)G polymorphism studies (Albert and Lemonde, 2004; Lesch and Gutknecht, 2004). In this model, 5-HT$_{1A}$ autoreceptor-modulated intrinsic raphe firing rates are directly related to resilience under stress and to the response to antidepressant treatment, demonstrated here with the prototypical SSRI fluoxetine (Figure 9). In such a model, when the serotonergic system is activated, higher intrinsic 5-HT$_{1A}$ autoreceptor levels (either in 1A-High mice or G/G individuals) result in lower raphe firing rate and lower intrinsic 5-HT$_{1A}$ autoreceptor (in 1A-Low mice or C/C individuals) results in higher raphe firing rate. The increased raphe firing rate (in 1A-Low mice or C/C individuals) would increase resilience to chronic stress by increasing serotonin release throughout the brain upon challenge, as seen by the decreased behavioral despair of 1A-Low mice following stress. Interestingly, our data suggests that at baseline (i.e., non-stressful conditions), levels of serotonin do not differ between the 1A-High and 1A-Low mice.

Studies in rats treated chronically with SSRIs have shown an initial decrease of raphe firing at the beginning of treatment, with firing rates recovering to baseline following chronic treatment and 5-HT$_{1A}$ autoreceptor desensitization (Blier et al., 1998). Thus, in the presence of an SSRI, we expect 5-HT$_{1A}$ autoreceptor-mediated inhibition of raphe firing to occur in both 1A-High and 1A-Low animals, albeit to different extents. Indeed, 1A-Low animals display faster increases in extracellular serotonin in the hippocampus upon repeated (8 day) fluoxetine treatment, directly reflecting differential autoinhibition in response to reuptake blockade. Interestingly, extracellular serotonin levels reach a similar plateau in both 1A-High and 1A-Low animals following chronic (26 day) treatment and autoreceptor desensitization, demonstrating that the behavioral differences between the groups cannot be fully explained by extracellular serotonin levels. Because our behavioral groups differ only by the levels of their 5-HT$_{1A}$ autoreceptors at the start of treatment, the differences in behavioral response to fluoxetine must be mediated by either differential downstream changes or subtler differences in serotonergic tone.

In summary, two of the main associations from studies of the C(-1019)G polymorphism in humans are recapitulated in our model: susceptibility to stress and response to antidepressant treatment. In addition, our data suggest that the effects of the polymorphism may be easier to detect under conditions of chronic stress or pharmacological intervention.

**Behavioral Dissociation and Treatment Implications**

Together with previous work, this study also establishes a double dissociation of 5-HT$_{1A}$ receptor function in baseline anxiety- and
depression-related behavior between development and adulthood. Previous work has shown that transgenic developmental overexpression of 5-HT1A in the forebrain is sufficient to establish normal anxiety-like behavior, regardless of 5-HT1A receptor status at the time of testing (Gross et al., 2002). Furthermore, pharmacological blockade of 5-HT1A receptors in development but not adulthood is sufficient to increase anxiety-like behavior in WT mice (Lo Iacono and Gross, 2008). The data presented here demonstrate the complementary point: specific manipulation of 5-HT1A autoreceptors in adulthood is sufficient to impact reactivity to stress- and depression-related behavior without affecting conflict- anxiety measures.

Finally, this study underscores the difference between decreased intrinsic 5-HT1A-mediated autoinhibition and desensitization of 5-HT1A autoreceptors. Specifically, one canonical hypothesis postulates that 5-HT1A autoreceptor desensitization determines the behavioral response to antidepressant treatment. Our data does not support this hypothesis, as 1A-High mice displayed desensitized autoreceptors (in terms of both 8-OH DPAT hypothermia and extracellular serotonin levels), yet do not respond behaviorally to fluoxetine treatment. Conversely, mice that differed only by possessing lower autoreceptor levels before treatment—1A-Low mice—displayed a robust behavioral response to fluoxetine after both chronic (26 day) and subchronic (8 day) treatment.

Indeed, we conclude that 5-HT1A autoreceptor desensitization alone is not sufficient for the response to fluoxetine to occur, as 1A-High mice display a desensitized 8-OH DPAT response but do not respond behaviorally to chronic fluoxetine treatment. Rather, our data suggest that serotonergic tone—governed by intrinsic autoreceptor levels—prior to the onset of treatment is critical for establishing responsiveness and time to response. Thus, we predict that treatments aimed at increasing serotonergic tone prior to beginning SSRI administration might prove to be more efficacious and even faster acting than current antidepressant therapies, particularly for individuals with higher autoreceptor levels, such as those carrying the G/G alleles of the C(-1019)G polymorphism.

**EXPERIMENTAL PROCEDURES**

**Transgenic Mice**

Htr1a<sup>LKO</sup> mice were generated by removing a loxP-flanked pGK-neo transcriptional stop cassette from Htr1a<sup>TOP<sub>3</sub>-Het</sup> KO mice by crossing to an HSP70-cre line that deletes in the germline (Dietrich et al., 2000; Gross et al., 2002). The resulting Htr1a<sup>LKO</sup> mice contain a tetO-CMV promoter inserted 5’ of the Htr1a coding region and express the 5-HT<sub>1A</sub> receptor in a pattern that is indistinguishable from the wild-type. β-actin TTS<sup>+</sup> Htr1a<sup>fluor</sup> mice were created by breeding mice with ITS expressed under the control of a human β-actin transgene (Mallo et al., 2003) onto a background homozygous for the Htr1a<sup>LKO</sup> allele. Tg(Pet-1-ITS) was produced by cloning the coding sequence of ITS protein followed by an SV40 polyadenylation signal (Deuschle et al., 1996) into the T3 polyliner region of the Nari/BgaZ modification 5 plasmid, placing the coding sequence downstream of a β-globin promoter (Scott et al., 2005). The β-globin promoter and ITS coding sequence were then released with an Rsfl digest and the resulting promoter was cloned into the E<sub>Pet-1</sub> Mini-BAC vector described (Beck et al., 2004). Following collection of passive membrane characteristics, cells were voltage clamped at −60 mV and the current response to application of 100 nM 5-CT was recorded. If cells showed no response to 5-CT, the GABA<sub>A</sub> antagonist baclofen (30 mM) was added and the current response was measured. Cells that did not respond to 5-CT or baclofen were excluded from the analysis. After recording, cells were biocytin filled and identified as serotonergic by colabeling with TPH.

**In Vivo Recordings**

Single-unit potentials were collected with an Axoclamp 2A amplifier, Digidata 1440A/D converter ( Molecular Devices), and were amplified (100 x) and filtered.
Stress-Induced Hyperthermia

Anxiety behaviors were represented as a change from the final baseline measurement. Body temperature was monitored every 10 min for a total of 60 min. Temperature measurements were taken 10 min after the third baseline measurement, animals received 8-OH DPAT i.p. at the doses indicated and body temperature measurements were taken. Ten minutes after the third baseline measurement, animals received 8-OH DPAT i.p. at the doses indicated and body temperature measurements were taken. 8-OH DPAT-Induced Hypothermia

Body temperature was assessed intrarectally, using a lubricated probe inserted approximately 2 cm and a Thermalert TH-5 thermal monitor (Physiologics). Animals were allowed to recover for a period of 24 hr. Following recovery, probes were continuously perfused with a CSF, and dialysate was collected every 15 min for analysis by HPLC amperometry (Guiard et al., 2008). Baseline 5-HT levels were calculated as the average of the first four samples, ± SEM. Freely moving mice were treated (t = 0) with either a challenge dose of fluoxetine (18 mg/kg; i.p.) or its vehicle, and dialysate samples were collected for a 0–120 min post-treatment period. The limit of sensitivity for 5-HT was 0.5 fmol/sample (signal-to-noise ratio 2). Following sample collection, brains were removed and sectioned to ensure proper probe placement.

Behavioral and Physiological Testing

All animals used for behavioral testing were age matched within 2 weeks. Animals were initially tested at 11–13 weeks of age, at least four weeks after the cessation of doxycycline in 1A-Low animals. Baseline anxiety tests were completed before other behavioral tests. Fluoxetine was given after baseline behavioral and physiological measures were assessed, at 18 mg/kg/day p.o. for up to 28 days. Testing in the NSF paradigm occurred on day 26 of treatment.

8-OH DPAT-Induced Hypothermia

Body temperature was assessed intrarectally, using a lubricated probe inserted approximately 2 cm and a Thermalert TH-5 thermal monitor (Physiologics). Mice were singly housed in clean cages for 10 min, and three baseline body temperature measurements were taken. Ten minutes after the third baseline measurement, animals received 8-OH DPAT i.p. at the doses indicated and body temperature was monitored every 10 min for a total of 60 min. Temperatures are represented as a change from the final baseline measurement.

Stress-Induced Hyperthermia

Stress-induced hyperthermia paradigm measures a physiologic response to a stressful stimuli (Adriaan Bouwknecht et al., 2007). Briefly, animals in their home cages were moved to a testing room and allowed to acclimate for 1 hr. One animal per cage was removed and a baseline body temperature was measured intrarectally. Each animal was then placed in a novel, clean cage for 10 min, after which a second body temperature was recorded.

Open Field Test

Exploration in response to a novel open field was measured as described (Weisstaub et al., 2006), with the following modifications: (1) animals were singly housed for at least 30 min prior to testing to minimize order effects within a cage, (2) light levels in the open field chambers were maintained at 10–20 lux to encourage exploration of the full environment, (3) animals were placed in a corner of the maze and allowed to explore the center at will, and (4) the test was conducted for a total of 30 min. Dependent measures were total path length (cm), number of entries into the center, time in the center, and percent age of distance in the center (distance traveled in the center divided by the total distance traveled).

Light/Dark Choice Test

Exploration of the light/dark chamber was measured as described (Klemenhagen et al., 2006). Dependent measures were total distance and percentage of time spent in the light compartment.

Modified Forced Swim Test

Behavioral response to forced swimming was assayed as described previously (David et al., 2007). Briefly, mice were placed into clear plastic buckets 20 cm in diameter and 23 cm deep filled 2/3 of the way with 28 °C water and videotaped from the side for 6 min. Only the last 4 min were scored. All animals were exposed to the swim test on two consecutive days. Scoring was done using an automated Viewpoint Videotrack software package. Dependent variables were immobility, swimming, and climbing.

Tail Suspension Test

Mice were suspended by the tail using tape to secure them to a horizontal bar. The animals were suspended for 5 min and immobility during this period was assessed using an automated Viewpoint Videotrack software package. Repeated Mild Stressor

Animals were gavaged daily with 10 ml/kg/day of drinking water for 28 days prior to testing.

Novelty Suppressed Feeding

Testing was performed as previously described (David et al., 2007). Briefly, animals were food restricted for 24 hr and were placed in a 40 × 60 cm brightly lit arena (800–900 lux) with a food pellet placed in the center. Latency of the animals to begin chewing food was recorded. Immediately after the latency was recorded, the food pellet was removed from the arena. The animals were then placed in their home cage and the amount of food consumed in 5 min was measured (home cage consumption), followed by an assessment of post-restriction weight. Percentage of body weight lost and home cage consumption were assessed as relative measures of animal hunger. No effect of fluoxetine was observed in home cage measures (Figure S3).

Statistical Analysis

In general, the effect of treatment or dose was analyzed using an ANOVA, using repeated measures where appropriate. Significant ANOVAs were followed up with Fisher PLSD test for behavioral and physiological measures and with Student-Neuman-Keuls t test for electrophysiological characterization. In the case of the NSF paradigm, survival analysis was performed and statistical differences were determined using the Kaplan-Meier product-limit method.

SUPPLEMENTAL INFORMATION

Supplemental Information includes one table and three figures and can be found with this article online at doi:10.1016/j.neuron.2009.12.003.

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